

# **Footprints of Post Covid Sequelae, Pros-Cons and Communal Impressions**

**Yatreek G Bhagat**

**(Assistant Professor)**

**S.S.Jaiswal College Arjuni/Morgaon, Dist-Gondia (MS). 441701.**

**Mob.No – 9021973552**

**Email - [ygb008@gmail.com](mailto:ygb008@gmail.com)**

## **Abstract**

The Covid-19 had come with very threatening views all over the world and not a single area of a society remained untouched by this disease. It disrupted not only human life but the whole living world; hence the wild animals too came from forest to human existence as they felt the silence of forest into human society due to lockdown.

The present research focusing on the various aspects of human life which are affected due to the crisis of COVID-19 and hope to recover the society after this lockdown and not to breakdown. Post COVID scenarios should have to come positive to improve the health of the society for the sake of this collective effort that needs to be taken.

Keywords - Covid-19, CORONA, Lockdown.

## **Introduction**

Everything that was well organized and moving the human world to its extreme developed position, as the scientific temper of the society has been raised to gain the more advanced features and facility to make human life more convenient and comfortable. In this scenario's concept of bower has also begun which is more fatal to destroy the enemy rather than armed weapons.

COVID-19 came to the human society as the communicable disease from the rich class of the society and spread in to the poor families, which make impact on the daily routine and made sudden pause to the different areas of the human world e.g. economical , educational, social, mental, physical and many more.. Now the series of spreading is continuing and not a single area of the world has remained untouched by this virus.

How the society got suffered by the COVID-19 had been focused in this paper.

## **1) Economical**

Due to lockdown, the laborers lives in the city due to fear they migrated in mass towards their hometown [1] not to get good lives but only thing in their mind if we die then, we will be die in our people's, at least they bury them in the ground so after death they will got space in to the heaven.

Under such circumstances laborers and the daily wages workers suddenly lose their income sources as the industrial policies are unable to pay them as laborers are not worked for the given period of time [2].

Certain corporations made this crisis an opportunity, by making stock of the daily needs things, sanitizers, masks etc...and doing black market of the things [3].

The Economic crisis will be brutally faced by economically weaker section class and few are benefited by soaking them.

Those who are salaried and economically stable them truly got the time to spend with their families and enjoyed lockdown by various ways at their home. The flow of currency will not make much effect to salaried families as the regular income they got at their home without doing anything so called "work at home". Here this case is not applicable completely for all servants but not neglectable.

Covid-19 crisis effects on various hawkers and vendors [4] businesses like saloon shop, shoe polish makers, carpenters, laborers towards the builders and many more, those who earn daily basis for their livelihood. Most of the hawkers and vendors started to sail vegetable at the doorstep by leaving their well settled business Because of lockdown, as they unable to continue their work, till the next government order which allow them to do so.

## **2) Educational**

The student world was very confused and flitted about the examination of the final year as the government had not clear the policy to conduct the examination.

The admission processes of school / colleges were also conducted by online mode as the student gathering is not fruitful. Some of the reputed institutions had been declared to conduct sessions and semesters by fully online mode [5].

Various training sessions and educational programs were organized to educate students as well as teachers to get acquainted with online teaching and learning aids so as to start teaching, learning and evaluation only by online mode.

NATIONAL EDUCATION POLICY - 2019 (NEP-2019) was the biggest change after 34 year which completely reforms the education system [6].

Various webinars, e-conferences, e-training programs, FDP's, workshops etc. had been organized. Initially that was free for some days but after establishment or well settled they charged small to large fees to organize such events. Even MHRD is also involved in the same, the training programs now become the source of income or revenue generation.

### **3) social**

People's wanted to leave away from each other, it is necessary but in India people's having little lack of awareness and educational ratio is also very poor, so the cases observed as the migrant labors travels to their hometown because of fear and due to loss of job under such situation when they reach to certain village or city or area the people's living there were not going to allow them to come in and cases are also sever when the people hatred them up to scolding, abusing and even beating at some places. To create a crowd less area invading guests and external peoples were not allowed in the societies and colonies. News flashed in daily newspapers as villagers were sealed their boundaries to outsiders for a period of time, no one allowed to enter [7].

It commonly said that, "Man is a social animal". Used to gather for sharing their views at different platforms, at tea stalls, over patella for chewing tobacco near to local areas and intellectuals in conferences platforms are different but thoughts shared at both the places , Covid-19 responsible for keeping distances to avoid social gathering.

Peoples unable to organize or attain any programs, Ceremony hall are also not available, even in funerals also very close relatives were allowed up to 20 persons [8]. Human behavior transformed from social to individual. The people are not going to allow their maid for housekeeping, because the thinking was “where did they come from”? If we also suffer from them.

Meanwhile trains are released for the migrants and laborers but the government has charged them to travel, as they are stopped wherever they are on the order of the government, so the government needs to take responsibility. As the government is able to organize a "Vande bharat mission" for the migrants outside India [9], why are the migrants in India not released at their home? These policies impart social discrimination.

About Educational Policies, then the students told about, those who are willing to appear for exam they can on the condition of undertaking by students and those who willing to not they can also, they will we served on the basis of previous grades or marks in previous semesters, this also creates social issue as many of the students wants to cover marks at their last semesters or years to reach to particular expected grade. But those students already covered good enough marks they need not feel to appear for the exams.it creates a dual situation in the minds of students.

#### **4) Mental**

Due to lockdown...People feel loneliness So the people are said to be at home but due to cell phones and mobile culture and used to for these they remain isolated from each other, the situation is like alone in a crowd of the social networking world, that makes people Lazy. Even due to lockdown and janta curfew's people are ordered to "stay safe stay at home" all are having ample of time, but at home children's and the men's are usually not even pick a single stick from here to there, As a result, the whole responsibility of housekeeping was towards the women's of the particular home, which enforced Domestic violence and harassment of women's. Women in such houses are mentally broken due to the daily routine of such work [10].

Children and old age Parents in the homes are not allowed to go outside as the disease CORONA is more fatal in children and old age people. So National lockdown followed by Unlocks and again followed by regional lockdown, it was not easy task to keep child at one place they try to go outside the home to play , parents try to convince them first but how parent's will stop them child not here's and sometime parent's need to bit them, which cause their mental frustration.

Old age people also want to make their feet free but the conditions are very strict so for them also it was not possible to roam here and there or get to meet with people of the same age. In Some of the homes due to hate of old age people's they will try leave away from home so as to spend maximum time with the same age friends to share their thoughts and feelings at the place, this golden hours are also taken out from them, so it creates mentally depressives in them and As the person had no work at that time will suffer from severe mental marathon of thinking of their good and bad.

### **5) Physical**

So many cases that had been flashed in the newspaper of domestic violence and even physical torture of the women from poor to rich families .In India patriarchal system make such domestic discrimination's in the family members even child's are suffers by parents in certain cases as the father said to child press their foot, molish or massage the whole body for day by the time interval.

Many people were more health conscious in these days , are they feared or really health conscious let leave over them , but the ratio was definitely increased of the people's for daily workout and For better immunity they regularly do yoga and the crowd of people had been seen on the street at morning for morning walk. The awareness in the people for eating Healthy food can be seen so as to maintain their physical fitness.

The eagerness for physical fitness can be seen as the bodybuilders in the gymnasium were on the road for strike and rally, demanding the government to open gymnasium for all [11].

Those who are happy to live at their homes without doing anything workout or yoga they were suffered by increased fat and internal cholesterol level.

### **Conclusion**

Covid-19 has come with the opportunities as well as crisis. Those who feel it as an opportunity they are benefitted but those who are faced it, for them it is a breakdown in lockdown. Now it needs to recover them as life is an unbeatable race, but to live they need to win in every situation.

The present research has focused on Economical, Educational, Social, Mental and Physical aspects of the society by which the human life get disordered. To live need to do "struggle for existence".

In this paper I am suggesting only spotlights of the scenario, rather than this we have to consider many more areas and need to work together to get a healing solution for all.

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