

DENGUE

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ABSTRACT

Dengue is the most prevalent arthropod-borne virus affecting humans today. The virus group consists of 4 serotypes that manifest with similar symptoms. Dengue causes a spectrum of disease, ranging from a mild febrile illness to a life-threatening dengue hemorrhagic fever. Breeding sites for the mosquitoes that transmit dengue virus have proliferated, partly because of population growth and uncontrolled urbanization in tropical and subtropical countries. Successful vector control programs have also been eliminated, often because of lack of governmental funding. Dengue viruses have evolved rapidly as they have spread worldwide, and genotypes associated with increased virulence have spread across Asia and the Americas. This article describes the virology, epidemiology, clinical manifestations and outcomes, and treatments/vaccines associated with dengue infection.

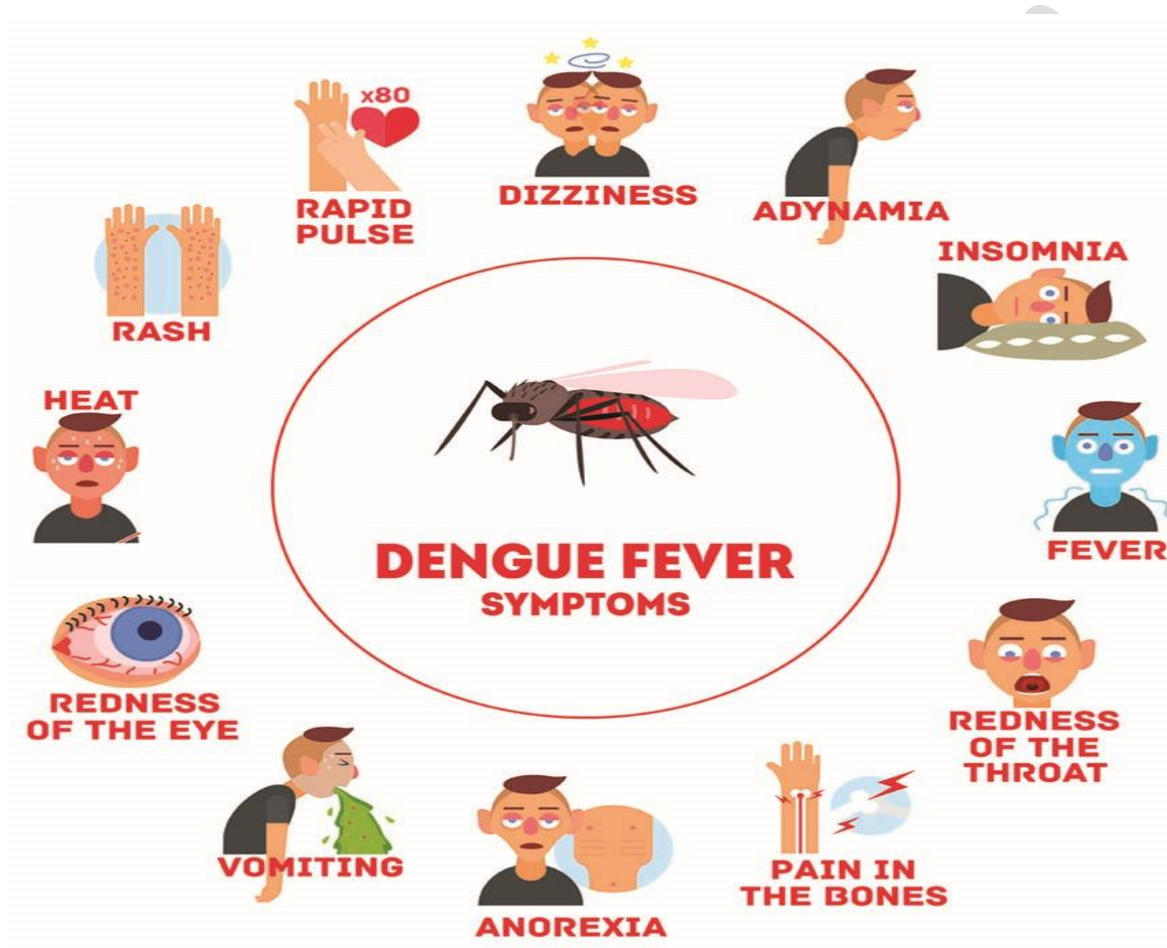
KEYWORDS :- arbovirus; dengue fever; dengue hemorrhagic fever; dengue shock syndrome; dengue virus; flavivirus; vector-borne virus.

1) DENGUE

The dengue virus (DENV), which is spread by the *Aedes aegypti* mosquito, is the arthropode-borne flavi virus that causes dengue fever. Four virus serotypes (DENV-1, 2, 3, and 4) that are antigenically related but different have been identified as members of the Flavi virus genus within the Flaviviridae family thus far. Only certain antibodies against that particular DNV serotype are produced by infection with that serotype. More dangerous infections can result from secondary infections caused by other serotypes once the original infection's antibody is neutralized. Number Five. Studies have shown that primary infection with DENV-1 or DENV-3 invariably results in a more serious condition than infection with DENV-2 or DENV-4^{3,7}, despite the fact that DENV-2 is thought to be more lethal than other serotypes⁶. The dengue pandemic that is currently raging has grown in recent years. have demonstrated a focus of global public health consciousness. Dengue instances are primarily seen in urban and suburban settings, in contrast to malaria infections, which are more common in rural areas.^{8, 9}. Because of the difficulty in controlling an outbreak in densely populated parts of cities, this has made the pandemic more deadly.

Dengue fever (DF), a moderate fever that accounts for around 95% of cases, and dengue hemorrhagic fever and/or dengue shock syndrome (DHF/DSS), which accounts for 5% of cases, are the two types of DENV infection.^{10, 11}. Lifelong immunity is provided by recovery from the first type of infection, but it only offers partial protection against a later

viral infection that raises the risk of DHF. The majority of dengue infections are typified by non-specific symptoms such as weakness, rash, joint pains, nausea and vomiting, body aches, frontal headache, and retro-orbital pain^{12, 13}.



THE DENGUE VIRUS HISTORY

The dengue virus was discovered in Calcutta (now Kolkata) in 1944 from blood samples of US soldiers⁴, and in Japan in 1943 by inoculating patient serum in nursing mice¹⁴. Madras (now Chennai) saw the first epidemic of clinical dengue-like sickness in 1780, while Kolkata and the Eastern Coast of India saw the first epidemic of dengue fever in India that was confirmed by microbiological testing in 1963–1964^{16–18}. The initial A significant DHF epidemic struck the Philippines in 1953–1954, and the DF/DHF¹⁹ outbreak quickly spread throughout the world. DHF was present in the neighboring nations but not in India.

given that all the risk factors were present, for unclear reasons. Since 1988^{20–22}, the DHF has been boiling in various parts of India. In India, the first significant nationwide DHF/DSS outbreaks struck in 1996, initially affecting the regions surrounding Delhi²³ and Lucknow²⁴ before spreading over the entire nation²⁵.

2) ENDOMEDICINE OF DENGUE FEVER

Traveling abroad, a growing human population, and urbanization all provide the ideal environment for the mosquito vector *Ae. aegypti* to thrive, which allows the virus to spread to new locations and cause serious pandemics (13, 28, 29). Over 100 nations in Africa, America, the Eastern Mediterranean, Southeast Asia, and the Western Pacific have an endemic dengue epidemic; Southeast Asia and the Western Pacific are the most afflicted regions in the region^{13,30–32}. The first two DENV serotypes were found in the 1950s in Thailand and the Philippines⁴, where the first case of DHF was found. The third and fourth serotypes were found in 1954²⁶. Since then, DHF has documented significant cases among children in regions ranging from Asia to Africa and the Pacific⁴ that resulted in hospitalization and death. Roughly half of the world's population, or 2.5 billion, are currently susceptible to dengue, and 50 million cases worldwide are reported each year⁴.

There may be over 100 million cases of DF, at least 500,000 cases of DHF, and up to 18,000 fatalities annually³⁴. Despite its deadly effects, the fact that there is currently no vaccination or targeted antiviral therapy for DF³ adds to the startling number of people afflicted. Patients with DHF frequently survive thanks to stringent hospitalization guidelines and early diagnosis^{3, 4, 10}. Regulatory organizations have launched awareness campaigns and vector control initiatives in an effort to address this issue by fighting the vector. Using plants containing bioactive compounds that are poisonous to the vector or have insecticidal qualities is another tactic³². Evidently, the creation of antiviral medications Vaccines are required to fund these initiatives. Furthermore, a secure, affordable, and efficient vaccine to manage DENV would be required, particularly in the impoverished nations that are most impacted^{2,28}. Consequently, the hunt for extremely selective yet non-toxic Given the global development of dengue fever, antiviral medicines are desperately needed³⁵.

3) DENGUE FEVER PATHOPHYSIOLOGY

Bite bites from female *Ae. aegypti* mosquitoes carrying the Flavivirus are the cause of dengue infection. The virus takes three to fourteen days to fully incubate after biting a

person^{3,30}. During this time, the victim may have fever, headache, rash, nausea, and joint and musculoskeletal pain^{3,13}. This classic DF typically lasts 5-7 days⁶ and recorded temperatures from 39-40°C. During this time, the virus may enter the peripheral bloodstream and harm lymph nodes and blood arteries if treatment is not received, resulting in DHF, which manifests as symptoms like gums, bleeding from the nose, or bleeding beneath the skin³⁰. Breathing difficulties are another issue that DHF patients have, and severe development might result in DSS.

DSS is able to use result in death if the right care is not given. The body and legs of *Aedes* mosquitoes are black with white patterns, and they are tiny. For female mosquitoes to lay viable eggs, they must bite humans or other animals and draw blood. The development of an egg takes two to three days. Dengue's primary vector, *Ae. aegypti*, has successfully adapted to life in cities^{26,29} and consistently reproduces in stagnant containers. Eggs require moisture to grow, taking 24 to 72 hours⁷⁰. Bite from mosquitoes is the only way DENV can spread. DENV is frequently spread from one to person through domestic occur from mosquitoes ⁶. A mosquito bite from a patient with DF/DHF⁷⁰ causes an outbreak. The virus replicates in the lymph nodes and travels through the lymph and blood to other tissues after being transferred to a new human host by infected mosquitoes. It is vital to comprehend the DENV life cycle in order to find a possible antiviral treatment.

4) SUMMARY OF RESEARCH ON PLANT SPECIES USED TO TREAT DENGUE

Due to their little or nonexistent side effects, the use of medicinal plants and herbal remedies to treat a wide range of illnesses is expanding throughout the world. The sections that follow list a few types of medicinal plants with anti-dengue properties from a variety of groups have been studied. We also describe the species and their separated chemical that are traditionally used to treat dengue. *Phloxeroides Alternanthera Alternanthera philoxeroides* is a member of the *Amaranthaceae* family. *A. philoxeroides* is an aquatic plant that is submerged in water and is also known as "Alligator Weed." It is currently encroaching on Australia, but it came from South America. In vitro⁸⁴ research was done to examine the impact of *A. philoxeroides* extracts against the dengue virus. To ascertain *A. philoxeroides*'s cytotoxicity on C6/36 cell lines, an MTT experiment was used. An extract of *A. philoxeroides*' coumarins had the least amount of toxicity on cells (TD₅₀ = 535.91), whereas an *A. philoxeroides* petroleum ether extract exhibited the greatest ability to suppress the dengue virus (ED₅₀ = 47.43).

Andrographis paniculata is a member of the *Acanthaceae* family of plants. Native to India and Sri Lanka, this upright annual plant is commonly grown throughout Southern and

Southeast Asia. It is known as "Hempedu Bumi" in Malaysia and has a bitter flavor. *A. paniculata*'s methanolic extract's maximum nontoxic dosage (MNTD) against Vero E6 cells in vitro was studied⁷. The highest dose that *A. paniculata* measured was 0.050-1, which was not harmful to cells. Based on cytopathic effects, the antiviral assay indicated that the methanolic extract of *A. paniculata* had the highest antiviral inhibitory impact on DENV-1.

5) PHLOXEROIDES ALTERNANTHERA

Alligator weed, or *Alternanthera philoxeroides* ⁸⁵, is a perennial aquatic plant of the Amaranthaceae family. Jiang et al. (2005)⁸⁶ looked into four extracts' antiviral properties. (Ethyl acetate, ethyl ether, petroleum ether, and *A. philoxeroides* coumane. According to their findings, all of the extracts had anti-dengue efficacy, but petroleum ether extract showed the greatest suppression of the dengue virus.

CONCLUSION

The creation of novel anti-dengue products utilizing bioactive chemicals is imperative to identify anti-dengue medications that are both less harmful and more effective. Consequently, any in-depth research on the Further in vitro and in vivo animal testing, followed by toxicity and clinical testing, should be conducted on the potential of plants that have identified active chemicals that have demonstrated anti-dengue action. Using this approach could lead to the identification of a promising molecule that could be improved and used to create novel anti-dengue drugs. Research on medications made from medicinal plants found throughout the continents could be beneficial to both national and individual health. Furthermore, these findings might result in the creation of extremely effective and secure dengue medicines. But in order to find possible anti-dengue herbs.

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